



LAGOON BEACH
hotel | conference | spa
★★★★

la mizu beach bar

BREAKFAST

Avocado on Toast with Poached Egg Served on sourdough toast with tomato salsa	R75
Eggs Benedict Toasted English muffin with maple basted bacon or smoked salmon, poached egg and hollandaise	R85
Raw Brownie Berry compote, frozen Bulgarian yoghurt	R60
Flap Jack Grilled banana and local organic honey	R45
Breakfast Crumble Apricot and apple compote, yoghurt and Toasted granola	R55

021 528 2047 | lamizu@lagoonbeachhotel.co.za
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CAPE TOWN

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BAR MEALS

Greek Salad Served on a garlic gluten free pita wrap	R75
House Salad Grilled chicken, bacon, feta, avocado and cos lettuce	R85
Chip and Dip Fat Chips with tomato relish and cheese sauce dips	R45
Spaghetti Carbonara Whole-wheat pasta, pulled kassler, rocket and parmesan	R86
Fish and Chips Battered hake, mushy peas, tartar sauce, lemon and malt vinegar	R145
La Mizu Burger Melted cheese, cape mustard mayonnaise, red onion marmalade	R125
BBQ Chicken with sour mash marinade ½ kg flame grilled, sweet and sticky	R110

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PIZZA

Pulled ham and mushroom R125

Malay chicken, feta and peppadew R145

SANDWICHES

White, whole-wheat or sourdough bread

Toasted Cheese and Tomato R50

Toasted Chicken Mayonnaise R60

Toasted Ham and Cheese R55

DESSERTS

Amarula Cheesecake R55

Lemon and Passion Fruit Tart R45

Sticky Malva Pudding
With Ginger Ice Cream R45

Gluten Free Brownies
With Coconut Sorbet R55

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Champagne

Moet & Chandon	R1,800
Veuve Cliquot Brut	R2,100

Method Cap Classique

Graham Beck Brut	R495
Graham Beck Brut Rose	R495
Pongracz	R410

Sparkling Wines

JC le Roux Le Domain	R210
JC le Roux Non Alcoholic	R205
Annabelle Cuvée Rose Brut	R250

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Sauvignon Blanc

Durbanville Hills Sauvignon Blanc	R50	R190
Lourensford the River Garden		R215
Villiera Sauvignon Blanc		R240
Almenkerk Sauvignon Blanc		R380

Chardonnay

Laborie Chardonnay	R45	R175
Durbanville Hills Chardonnay		R190
Newton Johnson Family Vineyard		R200
Glen Carlo Unwooded Chardonnay		R285

Rosé

Perdeberg Soft Smooth Rose	R35	R135
Lourensford River Garden Rose	R50	R175
Durbanville Hills Rose		R185
Allesverloren Tinta 2019 Rose		R185

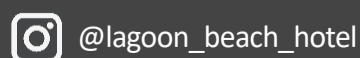
White Blends & Other

Perdeberg Soft Smooth White	R35	R135
Villiera Jasmine Blend		R190
Villiera Down to Earth White Blend	R50	R190

Other White

Kleine Zalze Chenin Blanc	R50	R180
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Cabernet Sauvignon

Durbanville Hills Cabernet Sauvignon	R55	R220
Warwick First Lady		R265
Edgebaston David Finlayson GS 2016		R405

Merlot

Slanghoek Private Collection	R50	R185
Durbanville Hills Merlot		R220
Villiera Monro Merlo		R260

Pinotage

Durbanville Hills Pinotage	R55	R220
Beyerskloof Pinotage		R240
Villiera Pinotage		R265

Shiraz

Durbanville Hills Shiraz	R55	R220
Vondeling Baldrck Shiraz		R225
De Grendel Shiraz		R500
Vergelegen Reserve Shiraz 2014		R535
Boekenhoutskloof Syrah 2017		R1250

Red Blends

Perdeberg Soft Smooth Red	R35	R135
Villiera Down to Earth Red Blend	R50	R195
Alto Rouge		R255
Hidden Valley – Hidden Gems Red Blend		R590

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