

Bar Snacks



SALADS

Greek Salad R 84

Feta, Calamata Olives, Cucumber,
Sun-dried Tomato and Onion served on a garlic pita

Chilli beef salad with mint and coriander R 96

Soy-marinated flank steak with baby potatoes,
salad greens, fresh mint and coriander

Chickpea and sweet potato salad R 88

Accompanied by a date and yoghurt dressing

Grilled peppers, pistachio and purple carrots

Kale Caesar R 86

Croutons, parmesan, bacon, egg and garlic

****Contains Anchovies****

Blue cheese and walnut salad R 84

Cos lettuce with crumbled blue cheese,
cucumber, caramelised pumpkin and walnut pesto

SANDWICHES AND WRAPS

All Wraps and Sandwiches served with French fries
and Coleslaw

Calamari Po-Boy R 86

Crispy fried calamari on a toasted baguette with
wild rocket and cocktail sauce

Club sub R 88

Chicken mayonnaise, maple glazed bacon, egg and cheese

Camembert and mushroom wrap R 88

With chickpeas, walnuts and rocket

Chicken and pineapple wrap R 86

Served with salsa

Toasted Cheese sandwich R 76

Toasted chicken mayonnaise R 78

Toasted ham and cheese R 78



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Mozzarella and pepper sliders R 96

Beef sliders with peppercorn sauce and mozzarella cheese

BBQ chicken wings R 88

Served with sour cream and tomato relish

Croque monsieur R 88

Trio of baked beetroot rolls with pulled pork, mushroom and camembert

Water bucket R 92

Beer battered linefish, crispy fried mussels and calamari served with rouille

Three cheese Tramezzini R 78

Feta, Gouda and mozzarella in a toasted spinach tramezzini served with chilli and tomato salsa

Snoek and brandy patè R 88

Served with ciabatta soldiers and onion marmalade

Chip n dip R 55

Fat chips with roast garlic and cheese dip

PIZZAS

Marge and Rita R 130

Cheese and tomato pizza topped with wild rocket and feta

The hogs breath R 160

Pulled pork, chorizo and jalapeno

Shu -shu chicken R 145

Peri-peri chicken and peppadews

SOUPS

Spiced Butternut Soup R 56

Served with poppadum, tomato and coriander salsa

Roast Tomato and Basil Soup R58

Served with focaccia and black olive tapenade

Soup of the day R52

Changes daily ask waiter for details





la mizu
beach bar

Bar Menu

BAR MEALS

Chicken kebabs R 155
With humus, brinjals and toasted garlic pita

Fish 'n chips R 160
Beer battered hake and chips, served with mushy peas and tartar sauce

Malay lamb and apricot curry R 180
Served with rice, roti bread, tomato and coriander salad

Steak egg and chips R 210
250g sirloin steak, fried egg, chips and onion rings

La Mizu Burger R 145
Melted Cheese, Cape Mustard Mayo and Onion Rings

Pan grilled linefish R 180
With nicoise salad with tomato and lime salsa

DESSERT

Amarula cheesecake R 48
With ginger biscuit and macadamia praline

Vegan cranberry and almond brownies R 45
Served with soya yoghurt sorbet

Banoffee Springrolls R 42
With vanilla ice-cream

Summer berry sundae R 44
Mixed berry compote with homemade raspberry ripple ice-cream

Chocolate and black cherry cake R 48
With vanilla cream

