

# la mizu

## beach bar

### Bar meals

#### Bucket list

##### Fire bucket

Chilli and BBQ basted chicken wings, peri peri wedges and honey mustard mayonnaise

**R74**

##### Water bucket

Traditional fish and chips with battered calamari, mushy peas and tar tar sauce

**R78**

##### Garden bucket (V)

Tempura greens with stir fried tofu and ginger noodles

**R68**

##### Chip bucket (V)

French fries with homemade tomato sauce

**R38**

#### Burgers

Double or single, beef or chicken served with your choice of topping

##### Dagwood

Bacon, egg and cape cheddar with tomato salsa

##### The Turk

Fried egg plant, roast peppers, humus and chilli sauce

##### Triple cheese and fungus

Jack, cheddar and Swiss cheese with sautéed mushrooms

##### The bunny

Spicy curry sauce and crispy onion bhaji rings

**Single R45 Double R75**

#### Wraps

##### Thai chicken wrap

With cucumber and peanut dressing

**R70**

##### Babbalas wrap

Bacon, mushrooms and sautéed potatoes

**R65**

##### Vegetarian wrap

Humus, avocado, cucumber, carrot, peppers, lettuce and grilled halloumi

**R60**

#### Sandwiches

All our sandwiches are served with our world famous homemade tomato and onion jam

##### Cheese and tomato

##### Bacon and egg

##### Ham and cheese

##### Chicken mayonnaise

**R45**

### Favourites

#### Soups & salads

Pea and ham soup with kassler croutons

**R30**

Curried pumpkin soup with biltong

**R25**

Prawn dhaltjies, pickled cucumber salad and chilli jam

**R60**

Greek salad

**R30**

Chicken bunny with Caesar salad

**R35**

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### Pots, pies & curries

Malay chicken and prawn curry, cardamom rice,  
tomato and coriander salad

**R85**

Lamb potjie with mash potato springrolls

**R75**

Cumberland pie

Braised beef with slow roast root vegetables and pickled red cabbage

**R72**

Fish La Mizu

(Fresh Linefish and shellfish baked in a pastry shell)

**R84**

Baked ham risotto with baby spinach and wilted leeks

**R70**

### From the grill

Steak egg and chips

Flame grilled rib of beef, fried egg and chunky chips

**R88**

Homemade fish cakes with mushy peas and

French fries

**R78**

Ginger and honey glazed pork belly, spiced apple and potato samoosa with parsnip mash

**R70**

Piri Piri chicken

(Fire extinguisher supplied on request)

Served with warm potato salad and sweet corn fritters

**R80**

### Sugar and spice and all things nice

#### Hot

Hot chocolate pudding  
(Banned by weight watchers)

**R38**

Caramelized apple tart with toffee ice cream

**R35**

Camembert and hazelnut samoosa with rhubarb chutney

**R45**

#### Cold

Lemon posset with ginger snaps

**R30**

Baked lemon tart with custard and vanilla

Bean ice cream

**R35**

#### Frozen

Deep fried Guinness ice cream and baileys custard

**R35**

Strawberry sorbet and berry compote

**R30**

Milo parfait with honeycomb

**R32**